



SHALLOW WATER BLACKOUT PREVENTION

Whitner had been intrigued by the sport of spear fishing and had begun practicing breath-holding to increase his free diving time. He was able to hold his breath for over 3 minutes. He was also a strong swimmer and in fabulous condition.

To honor their son and spread awareness and prevention efforts Whitner's mother, Dr. Rhonda Milner and his father, Dusty Milner, founded Shallow Water Blackout Prevention (SWBP). The Milners ultimately hired Britt Jackson as SWBP's Executive Director and their support of our Foundation has been invaluable and comforting.